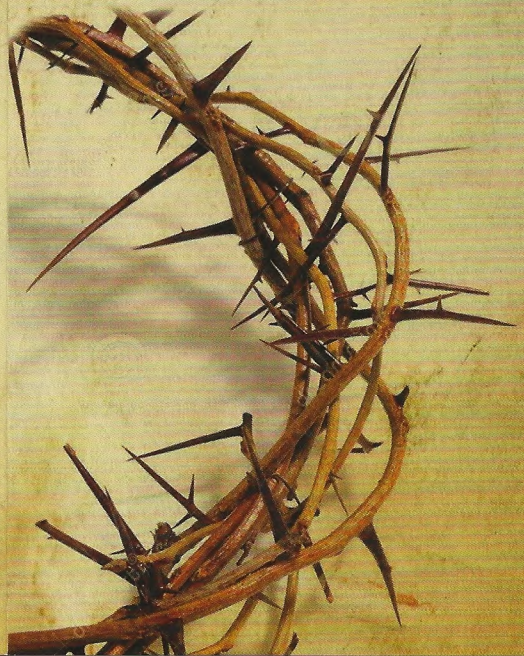


Litany of Humility



O Jesus! meek and humble of heart,

... *Hear me.*

From the desire of being esteemed

... *Deliver me, Jesus.*

From the desire of being loved

... *Deliver me, Jesus.*

From the desire of being extolled

... *Deliver me, Jesus.*

From the desire of being honored

... *Deliver me, Jesus.*

From the desire of being praised

... *Deliver me, Jesus.*

From the desire of being preferred to others

... *Deliver me, Jesus.*

From the desire of being consulted

... *Deliver me, Jesus.*

From the desire of being approved

... *Deliver me, Jesus.*

From the fear of being humiliated

... *Deliver me, Jesus.*

From the fear of being despised

... *Deliver me, Jesus.*

From the fear of suffering rebukes

... *Deliver me, Jesus.*

From the fear of being calumniated

... *Deliver me, Jesus.*

From the fear of being forgotten

... *Deliver me, Jesus.*

From the fear of being ridiculed

... *Deliver me, Jesus.*

From the fear of being wronged

... *Deliver me, Jesus.*

From the fear of being suspected

... *Deliver me, Jesus.*

That others may be loved more than I,

... *Jesus, grant me the grace to desire it.*

That others may be esteemed more than I

... *Jesus, grant me the grace to desire it.*

That, in the opinion of the world, others
may increase and I may decrease,

... *Jesus, grant me the grace to desire it.*

That others may be chosen and I set
aside,

... *Jesus, grant me the grace to desire it.*

That others may be praised and I unno-
ticed,

... *Jesus, grant me the grace to desire it.*

That others may be preferred to me in ev-
erything,

... *Jesus, grant me the grace to desire it.*

That others may become holier than I,
provided that I may become as holy as I
should,

... *Jesus, grant me the grace to desire it.*

... *Amen*